

# RICHMOND COMMUNITY SCHOOLS GREAT START BREAKFAST MENU — SEPTEMBER 2023

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**



Each meal includes entrée, milk, 1/4—1/2 cup of vegetable items and 1/4—1/2 cup of fruit items.

Milk choices include 1% unflavored.


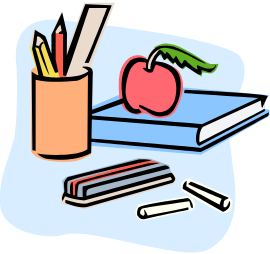


\*Menu Subject to Change Without Notice\*

Nutritional information is available on the Food Service web page of the Richmond Community School District Website.

"This institution is an equal opportunity provider."



*Richmond Community Schools  
Will participate in MI Farm to  
School. (\*) = food choice  
utilizing MI based items.*

<p>4 Labor Day Holiday</p> 	<p>5</p>	<p>6</p> <p>WG Kix Cereal Graham Fish</p> <p>Sliced Oranges</p> <p>1% White Milk</p>	<p>7</p> <p>WG Banana Bread</p> <p>Sliced Apples</p> <p>1% White Milk</p>	<p>8</p> 
<p>11</p> <p>WG Trix Cereal WG Gram Fish</p> <p>Sliced Apples</p> <p>1% White Milk</p>	<p>12</p> <p>Yogurt &amp; WG Graham Fish</p> <p>Fresh apples</p> <p>1% White Milk</p>	<p>13</p> <p>WG Cheerios Cereal String Cheese</p> <p>100% Fruit Juice</p> <p>1% White Milk</p>	<p>14</p> <p>WG Cinnamon Bread</p> <p>Sliced Apples</p> <p>1% White Milk</p>	<p>15</p> 
<p>18</p> <p>WG Rice Chex Mix WG Graham Fish</p> <p>Sliced Apples</p> <p>1% White Milk</p>	<p>19</p> <p>WG Mini Cinnamon French Toast</p> <p>Fresh Banana</p> <p>1% White Milk</p>	<p>20</p> <p>WG Kix Cereal Graham Fish</p> <p>Sliced Oranges</p> <p>1% White Milk</p>	<p>21</p> <p>WG Banana Bread</p> <p>Sliced Apples</p> <p>1% White Milk</p>	<p>22</p> 
<p>25</p> <p>WG Trix Cereal WG Gram Fish</p> <p>Sliced Apples</p> <p>1% White Milk</p>	<p>26</p> <p>Yogurt &amp; WG Graham Fish</p> <p>Fresh apples</p> <p>1% White Milk</p>	<p>27</p> <p>WG Cheerios Cereal String Cheese</p> <p>100% Fruit Juice</p> <p>1% White Milk</p>	<p>28</p> <p>WG Cinnamon Bread</p> <p>Sliced Apples</p> <p>1% White Milk</p>	<p>29</p> 